

Suicide and Aging



Books:

- Suicidal: Why We Kill Ourselves - Jesse Bering, 2018
- Understanding Suicide's Allure: Steps to Save Lives by Healing Psychological Scars - Stanley Krippner et al, 2021
- Life After Suicide: Finding Courage, Comfort & Community After Unthinkable Loss - Jennifer Ashton, M.D., 2019
- Bruised & Wounded: Struggling to Understand Suicide - Ronald Rolheiser, 2017
- Myths About Suicide - Thomas Joiner, 2011
- Building a Life Worth Living: A Memoir - Marsha M. Linehan, 2020
- Love You Like the Sky: Surviving the Suicide of a Beloved - Sarah Neustadter, PhD., 2019
- Dead Serious: Breaking the Cycle of Teen Suicide: A Book for Teens, Adults & Educators - Jane Mersky Leder, 2018
- What Made Maddy Run: The Secret Struggles and Tragic Death of an all-American Teen - Kate Fagan, 2017
- Physician-Assisted Death: What Everyone Needs to Know - L.W. Sumner, 2017
- When My Time Comes: Conversations About Whether Those Who are Dying Should Have the Right to Determine When Life Should End - Diane Rehm (Large Print), 2020
- The Longevity Paradox: How to Die Young at a Ripe Old Age - Steven R. Gundry, MD, with Jodi Lipper (Regular & Large Print), 2019
- Wait: A Love Letter to Those in Despair - Cuong Lu, 2021
- Choosing to Live, Choosing to Die: The Complexities of Assisted Dying - Nikki Tate, 2019
- Growing Old: Notes on Aging With Something Like Grace - Elizabeth Marshall Thomas (Regular & Large Print), 2020
- Growing Old in America - Barbara Wexler, 2018
- Shelved: A Memoir of Aging in America - Sue Matthews Petrovski, 2017
- Elderhood: Redefining Aging, Transforming Medicine, Reimagining Life - Louise Aronson (Regular & Large Print), 2019
- Being Mortal: Medicine and What Matters in the End - Atul Gawande, 2014
- On Grief & Grieving : Finding the Meaning of Grief Through the Five Stages of Loss - Elisabeth Kübler-Ross & David Kessler ; foreword by Maria Shriver, 2014

Additional Resources

Large Print: This collection includes: fiction, mystery, westerns, romance, science fiction, knitting, gardening, travel, history, investing, genealogy, health, etc.

Video:

Tell My Story, Documentary, 2021 (DVD)

Blackbird, 2020 (DVD)

Reclaiming Life: Faith, Hope, and Suicide Loss, 2018 (DVD)

Electronics:

GPad5 - LG Tablet and Hotspot - Contact Vickie Turcotte to check out a senior tablet, 978-256-5521 x1106 or vturcotte@chelmsfordlibrary.org

Spark Launch Pads for Interactive Brain Games

Library of Things Collection: Walker, Wheelchair, Light Therapy Lamp, Ukulele, Telescope, Knitting Kit, and so much more!

Many of the items on this handout will be available on our traveling Pop-Up Library truck!

